



Newsletter January 2018



'Old Legion' Land Development



We have been working with architects and designers, Halsall Lloyd Partnership, to see how the land could be best developed. They have been carrying out a feasibility study of the site and will start public consultation with door to door interview with residents surrounding the land. These will take place on Monday 19th & Tuesday 20th February 2018. The houses due to be visited are those on Church Road, Main Street (Fosters side) and Chapel Street. This will include gathering feedback from residents about what they think the land should be used for. The wider community will be involved and asked their views through questionnaires, general meetings and drop in sessions.

Distington Big Local operates 2 grant schemes for Local Community Groups to help fund equipment or transport for groups. For further information or an application form contact Vic or Ingrid.

The next closing dates for applications are:
17th April 2018, 17th July 2018, 16th Oct 2018



Whitehaven, Egremont & District Credit Union

Start saving for adults and children at your local Community Centre. Low cost loans for regular savers.

Tuesdays 9am - 11am.

Just call in or for more info go to: wedcu.co.uk
Or call: 01946 66755

Follow us!!

vic.biglocal@gmail.com
(Project Assistant)
ingrid.biglocal@gmail.com
(Project Manager)



www.distingtonbiglocal.org
01946834297



Citizens Advice is at
Distington
Community Centre

Tuesdays 12pm–3pm.

Distington Big Local fund these advice sessions for residents. If you need advice on; benefits, work, debt, housing etc...

Book an appointment by calling 01946 693321



Our Distington Big Local office is in Distington Community Centre. The office is open most days, depending on staff availability.

Call in anytime or ring beforehand to make sure we are around.

Tel:01946 834297



Big Local Highlights since the last Newsletter

- ♦ **AGM Success** - Our AGM in September was very successful, seeing more people attending than previous years and lots of new ideas coming forward regarding our community. One of these ideas was our Christmas Tree. We are happy to welcome 2 new Board Members to our Big Local team, these are Elaine Ismay and Clayton Sutton. We have also gained a new Sub Group member, Mark Askew. He has joined our Community and Environment Sub Group. If you would like to get more involved with Distington Big Local, please give either Vic or Ingrid a call find out more on: 01946 834297
- ♦ **Sub Group Volunteers** - We need more people to volunteer for our Children and Families Sub Group. The group is set up to support Young People and Families in Distington. Amongst other things, this group has helped provide funding for; Distington Club for Young People on various projects, Distington Community School for much needed ICT equipment, reinstallation of the football pitch, Grassroad Sharks and Distington Youth Rugby. Please let us know if you are interested in joining this group. Or even to give it a trail run to see if its for you?_It would be greatly appreciated!
- ♦ **Befriending Scheme** - we are working closely with the Surgery, Age UK and the Church to support residents in our village who may feel isolated. We need more volunteers to come forward to support us with this scheme. If you have a bit of spare time and would enjoy helping others in your community. Please contact Vic or Ingrid who will be happy to give you more information.
- ♦ **John Crouch** - We held a Christmas themed cooking demo in November 2017. Chef John Crouch came and shared his fabulous cooking skills, making a variety of festive foods and tasters for the audience to enjoy. Residents said this was a fantastic night and would love to see him back again.

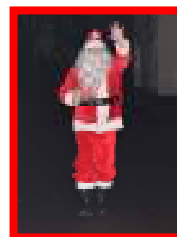


Hi, my name is Sue Hunter, you may have seen my name on various things like Big Local and wondered who on earth I was!

I live at the top of Common Side and have been here with my husband for four and a half years. He is a Cumbrian local to this area, and returned from the north east after retirement bringing me with him. I am a North Yorkshire lass, but after living in Cumbria for 12 years have settled happily here. Since being in Distington I have got involved in various things, patient panel at the surgery, singing in the choir, helping at the Lunch Club and also a director of Big Local. I have also recently joined the Parish Council. Several people have said to me that Common End, Common Side and the surrounding area don't always hear about what is going on in the village. If there is anything that you would like to ask about, or bring up for discussion at Big Local or Parish Council, please contact me and I will do my best to help.

Christmas Tree Light Switch on December 2017

The tree light switch on was a huge success, which saw the community come together and join in the festive fun. After the light switch on, there was carol singing around the tree whilst residents shared refreshments and children received a present from Father Christmas in Distington Club for Young People. We would like to say a big thank you to all who helped make this event possible. It really was a whole community event. We had some beautifully decorated windows in the village for our Christmas Window Competition. Well done to all those who took part!



Our Next Community Event Race Night

Friday 16th March 2018
6:30pm
At Distington CASC
Contact Vic or Ingrid for more info



Distington Big Local Handyman Services



Do you need help with small jobs around the house?

Our village maintenance / handyman Ronnie is available to carry out minor repairs and jobs where a qualified tradesman is not needed.

Charges for Distington Residents are:

£4 per quarter hour
£8 per half hour
£15 per hour

No Job is too small!

To book Ronnie contact Vic or Ingrid on 01946 834297



Trying to keep fit this year? In the Community Centre there is:



Tina's classes - Thursdays
6pm-7pm Gentle Flow Yoga

(for chronic pain) to reduce muscular tension, improve spinal alignment, improve sleep quality and mental health

Saturdays 10:15am-11:30am Freestyle Yoga
11:30am - 11:40am Relaxing Meditation

Contact Tina on: 07776 205721 (First class free!)

Charlottes classes - Wednesdays
6:00pm - 6:30pm (30 minutes) Moky Fit

Fun dance workout which using chart hits and easy to follow dance moves designed to give a fun but intense cardiovascular and full body workout.

Contact Charlotte on: 07904 980669



Job club

We offer help to Distington residents on Wednesdays 10am-12pm in the Library. Supporting writing CV's, applying for jobs online, covering letters, help with Universal Credit etc... To find out more come along to the session or call Vic: 01946 834297



Distington Club for Young People

Club opening times

Phoenix Group – 4 -11years Monday, Wednesday, Thursday from 4.30-6pm. Includes sports on a Wednesday.

Wyvern Group – 11 – 16yr + Monday (Boys) 6-8pm, Tuesday (All) 6-8pm, Thursday (girls) 6-8pm, Friday Night Project for all 6-8pm.

If there are any parents/grandparents who could help us with club nights, cleaning, or admin support we would be grateful

For more info contact Christine:01946 832882



**Church of the Holy Spirit
Baby and Toddler group
Distington Community Centre**

**Wednesdays - 10am-11:30am
Term Time Only**



Come along to enjoy a cuppa and a chat whilst sharing fun learning experiences with your child.

For more info, contact Julia on:
07747 581390

Upcoming events being held in our local CASC & Rugby Club

- ◆ **Saturday 27th Jan, 2pm** K/O - Ladbrokes Challenge Cup, Round 1, Distington v Queens
- ◆ **Saturday 3rd February, 7pm** - Reunion for anyone who lived in Distington in the 1940's, 50's & 60's. Pie & Peas, Bingo, Raffle & a Great Singer 'Nikki' -Tickets £5 available at the bar or contact Ronnie: 01946 832994 or Christine: 07761 781992
- ◆ **Saturday 10th March, 7:30pm** - Live entertainment with 'Stevie D' - Come along and enjoy a social night with friends. Tickets £3, available now at the bar or contact Ronnie 01946 832994
- ◆ **Tuesdays** - Prize Bingo, 7:15pm all welcome including children
- ◆ **Wednesdays** - Bingo, 7:30pm (adults only)

Post Office Van



The Post Office van comes weekly to our village.

It is currently at the Community Centre **every Thursday from 10am—12pm**

Distington Library

Open weekdays **10am-2pm**

(closed Wednesdays)

A wide variety of books for all ages.
Computer available with free internet, for all to use

Distington Lunch club



Distington community Centre
12pm
On the second Friday of each month
All food only £2 per course
Tea or coffee included
Everyone welcome

Distington Family & Local History Society

Distington Community Centre - 7pm
Admission-£2

Tuesday 20th February
Farming Memorabilia

Tuesday 20th march
Horrible History of Local Railways



Distington Youth Rugby

Calling all children aged 5-12

Come and join our Youth Rugby. We will learn about new skills, pushing limits, build confidence and make new friends on and off the pitch.

All coaches are fully qualified and have relevant safeguarding training.

For more info contact Clayton:

07771 391244



Grassroads Sharks FC

Players wanted from reception to year 4. Everything we do is based around our love for the game and enabling kids to have fun while they pick up new skills on the pitch.

Please get in touch with Luke if you or somebody you know would like to join us

079320 10844 lukejramsdn@hotmail.co.uk